



Pediatric Associates of Alexandria

INOVA HEALTHPLEX
6355 WALKER LANE STE. 401
ALEXANDRIA, VA 22310

DUKE STREET OFFICE
2747 DUKE STREET
ALEXANDRIA, VA 22314

POTOMAC YARD
3600 S. GLEBE RD, STE.150
ARLINGTON, VA 22202

Ph: 703-924-2100
Fx: 703-922-6067
www.pedsalex.com
staff@pedsalex.com

This is a list of providers PAA commonly recommend; some take insurance and some do not. Please also see psychologytoday.com or check with your insurance company.

Counseling Resources

George Mason University Center for Psychological Services	703-993-1370
Child and Family Associates	703-533-3930
Mindwell	703-378-7998
Alexandria Place Therapy	703-963-4261
Counseling of Alexandria	703-650-9195
Crescent Counseling	571-414-9645
Thriveworks (Online Only)	571-621-7741
Active & Connected Family Therapy	434-202-4080
Alive! Rehab & Counseling LLC	703-646-8806
Dr. Goldberg & Associates	703-935-0058
Harmony Psychotherapy Center	703-583-7504
Sarah Briggs & Associates	571-999-4251
Seven Corners Psychotherapy	703-583-7504
Backpack Healthcare (Online Only)	866-968-6342
Behavior Therapy Center of Greater Washington (OCD, CBT)	301-593-4040
The Center for Anxiety and Behavioral Change	703-908-1020
River Grove Therapy	301-941-7086
Meister Psychology Grp (Anxiety, ADHD, Phobias) Hannah@meisterpsychologygroup.com	202-370-1899
Alpha Omega (Catholic) info@aoclinic.org	301-767-1733
Potomac Center	703-379-7350
Unity Kids Behavioral Health	703-662-1719
Georgetown Psychology	202-374-4447
Project Safe	projectsafe4u.com

Healthkeepers Plus Medicaid Therapists

All Community Service Boards (see page 3)

www.hellobackpack.com (online only)

www.chaostoclaritycounseling.com

www.healthymindstherapy.blog

www.aboutfacellc.com

www.safeharborbc.com

www.walstonehealthservices.org

www.kingstowneinternalmedicine.com

Local School Districts Hazel.co (Online Only) collaborates with several local school districts to provide free therapy for students.

Alexandria <https://www.acps.k12.va.us/families/hazel-health>

Arlington (High School Only) <http://www.apsva.us/mental-health/virtual-therapy-with-hazel-health/>

Fairfax (High School Only) <https://www.fcps.edu/teletherapy>

PG County, MD <https://getstarted.hazel.co/district/pgcps>

Group Therapy

The Wise Family www.thewisefamily.com/services/group-therapy/

Alexandria Place Therapy www.alexandriaplacetherapy.com/services/group-therapy/

Sunstone Counseling www.sunstonecounselors.com/services/group-counseling/

Social Skills Resources

Stepping Stones 703-876-8480 www.insteppc.com

Jewish Social Service Agency www.jssa.org/socialskillsgroups

Social Beginnings 888-344-5977 begin@verbalbeginnings.com

Child & Family Associates of Greater Washington, LLC (CFA) 703-533-3930 ext 1

Project Safe projectsafe4u.com

Executive Function Coaching

The Study Pro: thestudypro.com

Education Connections: ectutoring.com

Learning a la Carte: learningalacarte.com

E2 Essig Educational Group: essigeducationgroup.com

Douglas Fagen, PhD: dougfagenphd.com (also can do psychoeducational testing)

Grief and Trauma Counseling

Wendt Center for Loss and Healing 202-624-0010

Gil Institute of Trauma 703-560-2600



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Community Service Boards

Arlington CSB Children's Behavioral Healthcare 703-228-1560

Alexandria CSB Behavioral Health Services for Children and Families 703-746-3535

Fairfax-Falls Church CSB Behavioral Health Services for Children, Youth & Families 703-228-1560

Prince William CSB Manassas 703-792-7800

Price William CSB Woodbridge 703-792-4900

Counseling and Psychiatry

Inova Kellar Center 703-218-8500, <https://www.inova.org/our-services/inova-kellar-center>

Children's National Medical Center Psychiatry 202-729-3300, <https://www.childrensnational.org/get-care/departments/psychiatry-and-behavioral-sciences>

Dr. Nauf Azad: Mental Wealth 202-791-4892, <https://www.mentalwealthdc.com/>

Columbia Mental Health 571-977-3011, <https://www.columbiapsychiatry-dc.com/>

Fairfax Mental Health and Wellness 703-896-7628, <https://www.fairfaxpsych.com/about-us>

Bloom Health Centers 703-952-0096, <https://www.bloomhealthcenters.com/>

Dr. Meenal Pathak, Lifestance Health, 877-290-0563,
<https://lifestance.com/provider/psychiatrist/va/vienna/meenal-pathak/>